

Trips

Outdoor Adventures will work with you to plan and conduct a custom trip utilizing our equipment and staff. Here are some pre-designed sample trips:

- “Toob’n”, Coldwater Creek
- Beach Kayak, Pensacola Beach
- Canoe Camp, Blackwater Riv.
- Day Canoe, Big Juniper Creek
- Backpack, FDR State Park



You can use one of these ideas, ask us for more options, or create your own.

Fees are customized as well, but calculated only to cover costs. We don't make money on these trips – it's a service to the University community. Common costs include transportation, food, and site fees. Our staff can generally volunteer their time, and our equipment is free for special events.

Trips are a great “mini-vacation” for groups, used to re-energize or evaluate group norms.

Clinics

Clinics are shorter, on- or near-campus events designed to teach specific skills. Common clinics include:

- Canoeing 101
- Kayaking 101
- Kayak Rolling (coming soon)
- Kayak Surfing
- Map & Compass
- Leave No Trace
- Backpacking 101
- Climbing 101 (coming soon)
- Outdoor Kitchen 101



Clinics use equipment and resources readily available so are often run at little or no cost. They may run for several hours or a day.

Clinics are great not just for learning a skill, but for getting a group outside of its routines trying something new. A team-building facilitation can be incorporated into the clinic if you're looking for this kind of outcome.

Initiatives

Initiatives are ropes-course style activities requiring participants to work as a team in order to succeed. Staff work as facilitators, not leading the group but rather helping the group lead itself and learn in the process. Common goals include improving:

- Teambuilding
- Leadership
- Communication
- conflict-resolution
- trust



While a ropes course is one way to offer these initiatives, we utilize “mobile props” such as balls, ropes, tarps, etc. to achieve similar results. Participants can also then find the inexpensive supplies and lead these activities with groups on their own.

Initiatives are great for improving group dynamics without needing to commit to an outdoor trip or clinic which might scare away some would-be participants.

Prices

Since these services are customized, so are the prices, but here are some sample events with prices, which are per person:

Canoeing 101 Clinic	FREE!
Teambuilding	FREE!
Map & Compass Clinic	FREE!
Beach Kayak Clinic	\$5
Canoe Camping	\$20
Backpacking	\$20
Rafting	\$100

All overnight trips include food, the menus to be decided with you. All programs include any specialized equipment, so all you need to bring is clothes and personal items.

Experience

All Outdoor Adventure services are designed for participants with no experience. And we mean NO experience – you don't need any experience with the particular activity or with the outdoors in general. Instruction begins at a beginner level and progresses with the group.

Staff

Program staff are students with outdoor experience and enough interest to volunteer their time. Some events may be organized around student class schedules.

The Outdoor Adventure Program is coordinated by Shaun Boren, who has been teaching in the outdoors for over ten years and has a masters in Outdoor Education.

Sign us up!

If this information interests you, your next step is to contact us and start planning event details. First come, first serve. See you soon!

Contact Information

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[http://uwf.edu/recreation/
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Special Event Services

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The Outdoor Adventure Program is available to UWF groups for planning, supplying, and staffing outdoor recreation special events such as custom trips and clinics or ropes-course style trainings. Read on for details, sample offerings, and how to bring this opportunity to reality...