

**2nd Annual
University of West Florida
Physical Education Summer Institute**

“Teaching Styles in Physical Education”

**July 16-18
Health, Leisure and Sports Building
University of West Florida
Pensacola, Florida**

sponsored by



(A School Specialty Company)

and

The Department of Health, Leisure and Exercise Science
University of West Florida

and

The School District of Escambia County Florida

**2nd Annual University of West Florida
Physical Education Summer Institute
July 16-18, 2007**

**Program of Events:
(Subject to change)**

July 16, 2007

7:00 – 8:00 Registration – HLS Lobby

8:00 – 9:00 Opening General Session

“Welcome to the University of West Florida”

Dr. Stu Ryan, Chair, Department of Health, Leisure and Exercise Science

“The 2nd Annual UWF Physical Education Summer Institute”

Dr. John R Todorovich

Keynote Address: “Monday Morning”

Keynote Speaker Introduction by Dr. Beverly Yerg

Keynote Speaker: Dr. Sara Ashworth

9:00 – 10:45 Session 1

“Thinking In Teams”
HLS Bldg, Pedagogy Gym

Presenter: Emily Pharez

Description: Get your student thinking outside the box with these challenges. Students will work in small groups to successfully complete a challenge, then they must use their noodle again to think beyond the challenge.

“Have a Ball! Plyometric fun for Students in Elementary to High School”
HLS Bldg, Teaching Gym

Presenter: Pam Powers

10:45 – 11:00 Session Discussion and Transition

11:00 – 12:45 Session 2

“Noodle Mania – Using Pool Noodles in Physical Education”
HLS Bldg, Teaching Gym

Presenter: Chad Triolet

Description: Come ready to move and have some fun as you discover the many ways inexpensive pool noodles can be used in a variety of activities that will enhance your physical education program. The presentation will focus on many innovative ideas that use pool noodles for warm-up activities and large group games that promote fitness, participation, develop cooperation/teamwork, and improve basic skill development.

“Socci Sport: Developmental Skills Creation”
HLS Bldg, Pedagogy Gym

Presenter: Grant Scheffer

Description: Using Socci's Unique 3 dimensional scoring concept, attendees will learn how to administer different elementary sport skill development into a fun co-inventive learning environment with accents on physical activity, development, group participation and social management.

12:45 - 2:00: Group Discussion and Sharing (business lunch)

2:00-3:45 Session 3

“Old Dawgs, New Tricks” – HLS Bldg, Pedagogy Gym

Presenter: Emily Pharez

Description: Get your middle and high school students interested in playing again. Our middle and secondary students are, at times, hard to motivate. Get them moving with these new games that address all skill levels.

"ABC's of Movement Fundamental Fun for PreK and Early Elementary Children"
HLS Bldg, Teaching Gym

Presenter: Pam Powers

Description: "Under Construction"

3:45 – 4:00 Session discussion

July 17, 2007

7:00 – 8:00 Group Fitness Session

8:00 – 9:00 Second General Session –

"Where is Physical Education Today and Where is it going?"

Presenter/Facilitator: John R. Todorovich

Description: This session is for all participants. The focus of this session is to discuss some current issues related to physical education and to involve all participants in a "town hall" open discussion format on the current state of the profession of physical education.

9:00 – 10:45: Session 4

"Have a Ball! Plyometric fun for Students in Elementary to High School (Repeat)"
– HLS Bldg, Teaching Gym

Presenter: Pam Powers

Description: "Under Construction"

"Getting Fit" – HLS Bldg, Pedagogy Gym

Presenter: Emily Pharez

Description: Fitness stations with a new twist. It's not just jump ropes and jumping jacks, get your students excited about personal fitness.

10:45-11:00: Session Discussion and Transition

11:00 – 12:45: Session 5

“Socci Sport: Competitive Skills Development”
HLS Bldg, Pedagogy Gym

Presenter: Grant Scheffer

Description: Using Socci’s Unique 3 dimensional scoring concept, attendees will learn how to advance middle and high school students’ competitive sport skill development in an environment with accents on physical activity, social cooperative, competitive sport skill development and group management all in a non-contact framework.

“The Spectrum of Teaching Styles in Elementary Physical Education”
Pedagogy Gym

Presenters: Dr. Sara Ashworth, UWF students

Description: The spectrum of teaching styles is embedded in all being an effective elementary physical education teacher. This presentation will focus on consciously developing content for and instructing elementary aged children using several landmark teaching styles identified within the spectrum.

12:45 – 2:00: Group Discussion and Business Lunch

2:00 – 3:45: Session 6

“Orienteering”

Presenter: Emily Pharez

Description: Send your students on a scavenger hunt using compasses. A great cross curriculum activity that promotes movement and learning.

“Core Strength: Is it in you? Activities using Gymnic Balls”

Presenter: Pam Powers

Description: Core strength is one of the most fundamental aspects of a fit and healthy body. This presentation will focus on how to develop core strength based on activities using Gymnic Balls.

3:45-4:00: Session discussion and Transition

July 18, 2007

7:00-8:00: Group Fitness at HLS Building

8:00-9:45: Session 7

“Dancing with the Stars: Ballroom Basics and Latin Salsa”

Presenter: Pam Powers

Description: “Under Construction”

“Argoball: A dynamic Rules Game”

Presenter: James Fox

Description: Loosely based on Danish Longball, Argoball was developed as a game that can be modified to teach students better striking and fielding offensive and defensive strategies and tactics. Come learn how to play the game and to modify it to get students to improve their strategic and tactical awareness of striking and fielding games. Also, discussion will ensue regarding where this approach fits into the spectrum of teaching styles.

9:45 – 10:00 Session discussion and transition

10:00 – 11:45 Session 8

“The Spectrum of Teaching Styles in Elementary Physical Education”
HLS Bldg, Pedagogy Gym

Presenters: Dr. Sara Ashworth, UWF students

Description: The spectrum of teaching styles is embedded in all being an effective secondary physical education teacher. This presentation will focus on consciously developing content for and instructing secondary students using several landmark teaching styles identified within the spectrum.

“Omnikin Kinball Sport: A Spectrum Approach”
HLS Bldg, Teaching Gym

Presenter: Rob Isosaari

Description: Kinball is an exciting fastpaced game that is fun children of all ages. Using multiple teaching styles, Kinball can increase children’s fitness and learning in social, cognitive, and psychomotor areas.

11:45 – 12:30 Closing General Session

“Where We Are: A Discussion of the 2nd Annual Summer Institute

Presenter: Dr. John R Todorovich

12:30 – 2:00 Sportime Equipment Sale!

2:00 – 4:00 Closing comments and Group discussion