

“Nobody trips over mountains. It is the small pebble that causes you to stumble. Pass all the pebbles in your path and you will find you have crossed the mountain.”

Unknown Author

QUICK TIPS:

1. If you see a spill, clean it up. Most accidents occur well after one or more people have walked around a spill. Had they taken time to clean it up, or even mark it, they could have saved their co-worker from injury.



2. Report hazards immediately. Your facility’s maintenance team can’t clean spills if they aren’t aware of them. Never assume that someone else has already done the right thing.

Safety Notes

VOLUME 1, ISSUE 3



Slips

Statistics show that over 60% of all workplace injuries can be attributed to Slips Trips and Falls. This week, our focus is on Slips. Slips occur when the foot loses traction with the floor while the bodies center of gravity is off balance.

This can be caused by a number of factors in the workplace. The main causes are poor house-keeping, employee complacency, and inadequate shoe choice. Taking the extra effort to ensure that floors are clean, dry, and serviceable, is the best way to eliminate Slips, Trips, and Falls in the Workplace.



Getting Started

This week, the *Safety Notes* link will redirect you to a site that includes a list of practices that will help to reduce slips in the workplace. These are all quick, low-cost practices that can improve quality of life and reduce the risk of employee injury.

[Canadian Centre for Occupational Safety and Health](http://www.ccohs.ca)

