

HEALTH EDUCATION

Mission Statement

The mission of the Department of Health, Leisure and Exercise Science is to build a foundation of health, leisure, and exercise science knowledge and to prepare students with professional skills and analytical abilities to assume prominent positions in health, leisure, and exercise science across the state and nation.

Student Learning Outcomes

UWF Health Education graduates should be able to do the following:

Content

- Identify and apply health education concepts, principles, and theories to health education program planning
- Use health education terminology accurately
- Identify opportunities for professional life in health education

Critical Thinking

- Identify and explain the major concepts and principles related to health education knowledge areas (disease and disorders, nutrition and physical activity, human sexuality, substance abuse, and emotional health)
- Assess community needs for community health education programs
- Generate strategies to improve health maintenance that address diverse sociocultural, political, ethnic, and geographic perspectives

Communication

- Develop effective oral and writing skills in areas related to health promotion and health education
- Exhibit effective interpersonal communication that support cultural competencies
- Develop persuasive arguments for adopting health maintenance strategies

Integrity/Values

- Recognize and propose solutions to ethical problems related to health promotion and health education
- Articulate professional standards outlined in Code of Ethics for Health Education Profession.¹

¹ The Coalition of National Health Education Organizations, Ethics Task Force, Retrieved November 16, 2004, www.nche.org/aboutnche/ethics.htm.

Project Management

- Articulate how to plan, implement, and evaluate community health education programs
- Design health promotion programs with specified program goal(s) and objectives
- Collaborate effectively with team members and network with community agencies

Assessment of Student Learning Outcomes

Health Education faculty members are committed to assess students' progress toward fulfillment of Student Learning Objectives for the Bachelors in Health Education in the following ways: examinations, individual and group projects, and in-class presentations. Additional assessment will include a capstone experience that is completed as an internship. Graduates of the Bachelors of Health Education are encouraged to sit for the Certified Health Education Specialist (CHES) examination.

Job Prospects for Bachelors of Health Education

Students who complete the Bachelors of Health Education can find professional positions with the following employers although some positions by require additional graduate work:

Government Agencies
State and County Health Departments
Community Organizations
Non-Profit Organizations
School Settings

Colleges and Universities
Health and Fitness Centers
Health Care Settings
Corporate Worksite Wellness Settings

Find out more about the Health Education Program at UWF:

<http://uwf.edu/hles/healthed/undergrad.cfm>