

# PSYCHOLOGY

Degree: Bachelor of Arts  
 Minor: Psychology  
 Sport and Exercise Psychology  
 Certificate: Human Resources  
 Department: Psychology  
 (850) 474-2363  
<http://uwf.edu/psychology>  
[psych@uwf.edu](mailto:psych@uwf.edu)  
 College: Arts and Sciences  
 Semester Hours Required for Degree: 120

Faculty: L.L. Koppes (Chairperson), J.D. Duer (Associate Chairperson), F. Andrasik, J.E. Arruda, R.W. Belter J.S. Halonen, R. Hays-Thomas, D. Friedrich, S.J. Kass, S. Mathews, R.J. Rotunda, C.J. Stanny, S.J. Vodanovich, S.E. Walch

Psychology is the study of human and animal behavior. An understanding of psychological processes entails understanding the multiple influences created by the biological characteristics of the organism, the effects of learning and experience, social and cultural dynamics, and developmental change. As a scientific discipline, the study of psychology requires competence in research methodology and critical thinking. Psychology is also an applied discipline, with applications in behavioral and physical health, business, education, and law, among others. Students completing a major in psychology will be prepared to pursue a wide range of careers at the bachelor's level or to pursue advanced training in psychology or other professional schools (such as medicine and law). Students will attain a high-quality liberal arts degree focused on knowledge in the discipline of Psychology, integrity in the application of that knowledge, effective project management, and excellent critical thinking and communication skills.

Contact the department for information concerning the Human Resources certificate or the Focus on Human Development.

## PROGRAM REQUIREMENTS

In addition to general University requirements, students seeking the B.A. in Psychology must meet the requirements listed below.

A minimum grade of "C" is required for EXP 3082 Experimental Psychology, EXP 3082L Experimental Psychology Laboratory, and for one course in each of the Social, Learning and Cognition, Biological, and Developmental cognate areas. No more than 6 sh credits in informal courses (directed study, practicum, field work, co-op, etc.) may be applied to fulfill the upper level Psychology degree requirements.

Students should consult with their academic advisor for courses which may satisfy both the General Studies requirements and common prerequisites.

### General Studies (36 sh)

Students should take STA 2023 to partially fulfill the mathematics component of General Studies. For additional information see the General Studies section of this *Catalog*.

### Common Prerequisites (12 sh)

State mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. Courses in brackets indicate substitutes from Florida public community/junior colleges and universities.

+PSY 2012	General Psychology .....	3
	[PSY X012]	
+STA 2023	Elements of Statistics .....	3
	[STA X000-X099]	
Any 1000/2000 level Psychology course (CLP, DEP, EAB, EXP, INP, PCO,PPE, PSB, PSY, IDH, SOP) courses .....		
		3

#### Choose one:

+BSC 1005	General Biology for Non-Majors.....	3
	[BSC X000-X099, X200-X209]	
+ZOO 1010	General Zoology.....	3
	[ZOO X010]	

+ Indicates common prerequisites which can be used to satisfy General Studies requirements.

### Lower Division Electives (12-24 sh)

Sufficient 1000/2000 level electives to complete at least 60 semester hours in the lower division. Current UWF students may use elective courses at any level (1000-4999) to meet this elective requirement. Students should take STA 2023 if not completed as part of General Studies.

### Major (35 sh)

EXP 3082	Experimental Psychology .....	3
EXP 3082L	Experimental Psychology Lab .....	1
PSY 2023	Careers in Psychology .....	1

#### Social (Choose one)

SOP 3004	Social Psychology .....	3
SOP 3730	Psychology, Culture and Society .....	3

#### Learning and Cognition (Choose one)

EXP 4404	Psychology of Learning .....	3
EXP 4507	Memory & Cognition .....	3

#### Biological (Choose one)

EXP 4204	Sensation & Perception .....	3
PSB 4002	Brain, Behavior, & Experience .....	3

#### Developmental (Choose one)

DEP 3103	Child Development .....	3
DEP 4305	Psychology of Adolescence .....	3
DEP 4402	Adulthood and Aging .....	3

#### Applications of Psychology: Clinical/Counseling (Choose one)

CLP 3144	Abnormal Psychology .....	3
CLP 4314	Health Psychology .....	3
PCO 4242	Introduction to Group Counseling .....	3
PPE 4003	Theories of Personality .....	3
PSB 4731	Psychobiology of Sexual Behavior.....	3
PSY 4302	Psychological Assessment .....	3

#### Applications of Psychology: Workplace (Choose one)

EXP 4250	Human Factors Psychology.....	3
INP 3004	Industrial Psychology .....	3
INP 3313	Organizational Behavior .....	3
INP 4224	Psychology of Workforce Diversity.....	3

#### Psychology Electives

3000/4000 level Psychology (CLP, DEP, EAB,EXP, INP, PCO,PPE, PSB, PSY, IDH, SOP) courses .....	12
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**Major-Related (0-3 sh)**

*If not completed at the lower division:*

STA 2023 Elements of Statistics.....3

**Upper Division Electives (22-25 sh)**

Sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or completion of all departmental requirements at the 3000/4000 level, whichever is greater.

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**MINOR**

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**Psychology**

The 12 sh Minor in Psychology consists of the following or their equivalent. No directed studies may be taken to fulfill the requirements for the minor. A minimum of 9 sh must be completed at UWF. PSY 2012 or a general/introductory psychology course is a prerequisite. Psychology majors may not earn this minor.

3000/4000 level Psychology Elective .....3

*Choose one:*

CLP 3144 Abnormal Psychology .....3  
 PPE 4003 Theories of Personality .....3

*Choose one:*

INP 3004 Industrial Psychology .....3  
 SOP 3004 Social Psychology .....3

*Choose one:*

EXP 4404 Psychology of Learning.....3  
 PSB 4002 Brain, Behavior & Experience .....3

**Sport and Exercise Psychology**

A minor in Sport and Exercise Psychology is offered by the Psychology Department in affiliation with the Department of Health, Leisure and Exercise Science. The minor is primarily designed for those students interested in the psychological aspects of sport and other exercise activities. Completing coursework from sport science and psychology emphasizes the integrated nature of psychomotor performance and its effects on psychological, social, and physical functioning. This minor provides an opportunity for coursework centered on health and exercise (e.g., health, nutrition and physical fitness) and psychology (e.g., sport & exercise psychology) with the option of taking relevant electives from both fields. This minor is available to all students.

HLP 2081 Health, Nutrition, & Physical Fitness.....3  
 PET 4213 Success in Sports .....3  
 PET 4251 Sociology of Sport .....3  
 PSY 2012 General Psychology .....3  
 PSY 4832 Sport & Exercise Psychology .....3

*Choose one:*

PET 3351/L Exercise Physiology/Lab .....4  
 PET 4061 Motor Development & Skill Learning .....3  
 PET 4310/L Mechanics of Human Motion/Lab .....4

*Choose one:*

CLP 4314 Health Psychology .....3  
 EAB 4704 Introduction to Behavior Modification.....3  
 EXP 4404 Psychology of Learning.....3