

# COMMUNITY HEALTH EDUCATION

Degree: Master of Science  
 Certificate: Gerontology  
 Department: Health, Leisure & Exercise Science  
 Building 72, Room 241  
 (850) 474-2592  
<http://uwf.edu/hles/>  
[hles@uwf.edu](mailto:hles@uwf.edu)  
 College: Professional Studies

The master's degree in Community Health Education provides the student a choice of an Aging Studies, Health Promotion & Worksite Wellness, or Psycho-Social Specialization. Electives are carefully chosen by the student in consultation with an advisor. A student has the option of completing a thesis or an internship except in the Aging Studies Specialization where a thesis or internship is required. Consult the department for advisement.

Contact the department for information concerning the certificate.

It is recommended that students in this program have current CPR certification while they pursue this graduate degree.

Upon completing this degree students will be prepared to sit for the CHES (Certified Health Education Specialist) exam.

In addition to general University requirements, students seeking the M.S. in Health Education must meet the requirements listed below.

## FOUNDATIONAL PROFICIENCIES

Students in the Health Promotion & Worksite Wellness and the Psycho-Social Specializations must have previous credit in human anatomy or physiology or pathophysiology, general biology, and personal and community health or equivalent. These courses are recommended for students in the Aging Studies Specialization.

## AGING STUDIES SPECIALIZATION

The master's degree in Health Education/Aging Studies is a degree designed to prepare graduate students for professional careers in the rapidly expanding field of aging. The program addresses the needs of students from a variety of academic backgrounds. Either a thesis or an internship is required.

DEP	4402	Adulthood and Aging	3
HLP	6535	Research Procedures	3
HLP	6595	Research Seminar	3
HSA	6106	Critical Analysis of Health	3
HSC	5037	Historical Foundations of Health Education	3
HSC	5602	Life, Illness & Death	3
HSC	5716	Planning, Implementing, & Evaluating of Health Programs	3
PET	6074	Successful Aging: Physiological Aspects	3

## Major Electives (9 sh)

Choose three in consultation with advisor:

HLP	6905	Directed Study	3
HLP	6922	Field Experience	3
HSA	5115	Health Care Policy and Administration	3
HSC	5506	Advanced Epidemiology	3
PAD	6701	Quantitative Application in Public Administration	3
PEP	5118	Aging and Physical Performance	3

## Internship or Thesis (6 sh)

Choose one:

HLP	6940	Internship	6
HLP	6971	Thesis	6

## HEALTH PROMOTION AND WORKSITE WELLNESS SPECIALIZATION

HLP	6535	Research Procedures	3
HLP	6595	Research Seminar	3
HSC	5037	Historical Foundations of Health Education	3
HSC	5506	Advanced Epidemiology	3
HSC	5716	Planning, Implementing, & Evaluating of Health Programs	3

Choose 24 sh including at least three courses at the 6000 level and no more than two courses at the 3/4000 level:

HLP	6922	Field Experience	3
		Course offered 1-3 sh per semester	
HLP	6940	Internship	3-6
		Course offered 3-6 sh per semester	
HLP	6971	Thesis	6
		Course offered 1-6 sh per semester	
HSA	6106	Critical Analysis of Health	3
HSC	4104	Health Aspects of Stress Management	3
HSC	5135	Health Guidance	3
HSC	5176	Nutrition and Lifestyle Counseling	3
HSC	5552	Communicable and Degenerative Diseases	3
HSC	6666	Health Education and Interactive Technology	3
HSC	6667	Social Marketing in Health Education	3
MAN	5116	Management of Diversity	3
PET	3351/L	Exercise Physiology/Lab	4
PET	4310/L	Mechanics of Human Motion/Lab	4
PET	4361	Sport Nutrition and Weight Control	3
PET	5553	Advanced Exercise Testing & Prescription	3
PET	6355C	Advanced Exercise Physiology	3

Additional courses approved by the department chair

## PSYCHO-SOCIAL SPECIALIZATION

HLP	6595	Research Seminar	3
HSC	5037	Historical Foundations of Health Education	3
HSC	5506	Advanced Epidemiology	3
HSC	5716	Planning, Implementing & Evaluating of Health Programs	3

Choose 24 sh including at least three courses at the 6000 level and no more than two courses at the 3/4000 level:

CLP	4314	Health Psychology	3
EAB	4704	Introduction to Behavior Modification	3
EAB	5705	Advanced Behavior Modification	3
EAB	5738	Behavioral Medicine	3

HLP	6922	Field Experience.....	3
		Course offered 1-3 sh per semester	
HLP	6940	Internship.....	3-6
		Course offered 3-6 sh per semester	
HLP	6971	Thesis.....	6
		Course offered 1-6 sh per semester	
HSA	6106	Critical Analysis of Health.....	3
HSC	5135	Health Guidance.....	3
HSC	5552	Communicable and Degenerative Diseases.....	3
HSC	6206	Community Health Delivery Systems.....	3
HSC	6666	Health Education and Interactive Technology.....	3
HSC	6667	Social Marketing in Health Education.....	3
PCO	4310	Intervention in Addictions.....	3
PCO	6216	Theories of Individual Counseling.....	3
PCO	6278	Multicultural Counseling.....	3
PSB	4731	Psychobiology of Sexual Behavior.....	3

Electives as approved by the department chair