

Career E-minder

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Brand Spankin' New Job! Now what?

Starting a new job is much like starting at a new school: terrifying and nerve-wracking. What do I wear? What do I bring to lunch? Will I be able to play music at my computer? On the flip side, starting a new job can be very exciting. Making new friends, finding new golf buddies or book club members, and starting anew in a fresh new environment. Here are some tips that can make those first couple of days an easy transition.

1. Get ahead before you even put on your slacks. Contacting your employer before your first day, asking for any information that might be useful for you to look over before you start definitely gives a great impression. Do your own research, too. The web is a great place to find all sorts of articles and blogs on your company.
2. Dress to impress. This age-old phrase holds true today as when it was created.....whenever it was created. First impressions are lasting impressions. 'Nuff said.
3. Be friendly. If the word "outgoing" isn't in your vocabulary, substitute it with "polite", "team player", and "strong work ethic". These are positive terms that are associated with a strong social persona. You'll have other co-workers coming to see what you're doing Friday night after the staff meeting.
4. Remember, you're the newbie. Listening is your best weapon. Even if you think someone else is wrong, take the tip and possibly follow-up with them later. George Washington said it best, "Undertake not to teach your equal in the art himself professes. It savours of arrogance."
5. Volunteer. People who are willing to go the extra mile or help someone else in the office with a time consuming project can do wonders for your reputation.

All in all; dress well, help out, be polite, and work hard. No one will care if you made a few hiccups along the way if they know that you're honest and motivated.



Job of the Week

Job ID: 1456

Job Title: Sales Associate

Organization: GNC

Job Description: Associate is responsible for assisting store manager in achieving sales and operational goals through superior customer services, sales, and retail merchandising. Associate will be trained in the knowledge of nutrition and retail sales. In addition to minimum wage plus commission, associates receive a 30% discount on all products purchased at GNC.

Log on to JasonQuest to find out more information!

Log on to JasonQuest today to find out about all the latest part time jobs, full time jobs, internships, co-ops, and volunteer opportunities!



Registration takes 3 minutes and within 24 hours, you have access to the most respected names and hard-to-find names in the professional world! Sign up today!

IMPORTANT INFO!

- **Monday, June 16:** Co-Op Info Session
- **Wednesday, June 18:** UWF Emerald Coast Co-Op Info Session
- **Tuesday, July 8:** Career Exploration Team 2 begins

Water Cooler Joke of the Week

Lampner's Law of Employment: **When leaving work late, you will go unnoticed. When leaving work early, you will meet the boss in the parking lot.**

Thanks to butlerwebs.com