

# Career E-minder

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## Interview: Preparing YOU!

Interviewing is the single most important facet in landing a job. (Sometimes, it's the only one at all.) All your hard work in college, at past part time jobs, volunteer hours in the community; it's all for this point in your career— proving it to the employer that you were meant to be hired to work. Now, of course saying this is always much easier than being done. Better informing yourself is the key to confidence when handling an interview, and below are tips in a successful interview session.

**Dress to Impress.** Clothes should be dry cleaned and pressed 3-4 days before your interview. You'll sleep easy knowing that your clothes won't look like they just survived a boxing match with Roy Jones Jr. Also, "shave and comb your chin and dome."

**Homework isn't just for students.** Learn up on the company that you are applying to. You should want to know about your future second home.

**Resume in your Attache.** Carry multiple copies of your resume *just in case* Poseidon decides to send torrential rain down on your interview day. (Without saying, this also means that an umbrella is called for.)

**Clear the Death out of your Breath.** Breath mints. Have them. Use them.

**"Early is on time, on time is late, and late is unacceptable."** Ten minutes early is just right. 'Nuff said.

**Smile Awhile.** Smiling will allow you to release tension and any awkwardness you have in your body, and will also tell others that you are happy to be there.

**"Think Happy Thoughts".** Ok, so that one is a little cliché, given that it was drawn from *Peter Pan*, however, it couldn't hold more true in this situation. If you think positive through visualization, you are more likely to act more positively and outcomes are more likely to be positive. You won't believe it until you try it.

**Take your time, and say your prime.** We often find ourselves stumbling over our words, and rather than try to stop and correct ourselves, we simply rush any words out so long as we can finish the sentence and move on. Wrong. Pause, take your time to reformulate your words, even if you start back at the beginning of the sentence. The ten or so seconds you take to rethink what you want to say will probably not even phase your interviewer. In fact, it will show you as someone who takes thought and care into the way they communicate and that will look impressive.

**Be positive.** Stating anything negative whether it's about your skills that need to be improved, or your past employers, or what you don't like about the other job you interviewed for can bring down your energy, the employer's energy and take the interview in a completely different direction. Optimism and positivity are key, here.



~MOCK interview day being held march 12th!~  
~EXPERIENCE EXPO COMING TO UWF MARCH 4TH!~

### IMPORTANT INFO!

- **Feb 12th:** Another Career Exploration Team occurs! There are still spots available, so hurry up and grab one! Call the Office for more information and/or to register!
- **Feb 27th:** Lakeview Center will be holding an info session in the Nautilus Chamber at 4:30pm.
- **Feb 27/28th:** Disney Internship will be holding an info session on both days; 2pm in UC Rm 260 & 4:30pm in UC Rm 265, respectively.

### Water Cooler Joke of the Week

This guy is walking with his friend, who happen to be a psychologist. He says to his friend, "I'm a walking economy." "How's that?" the friend says.

"My hair line is in recession, my stomach is a victim of inflation, and both of these together are putting me into a deep depression!"

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