

Career E-minder

UWF Career Services
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Stop, Drop, and Co-Op.

College students make up one of the largest groups of individuals who are constantly trying to find a balance between work, school and play. While it's up to the students to find the time and place for "play", University Career Centers all over the country are benefiting students with Cooperative Education opportunities, or Co-Ops.

Co-Ops help students overcome the everyday challenge of balancing school and work by providing them with a work experience that not only pays them, but gives them school credit at the same time. Co-Ops, as well as other forms of Experiential Learning, help the student practice classroom theory in the hands-on environment of the workplace.

Students aren't the only ones benefiting from these opportunities, employers are finding it in their best interest as well. Employers located near Universities are lucky enough to be near a source of work-hungry graduates, however, what better way to reel in those graduates than to hire them before they can even think about stepping into cap and gown? Employers benefit from Co-Ops by "trial running" students into potential long term employees. This gives students a meta-physical sedative and placates their fears of being jobless post-graduation, thus, providing a win-win situation for both parties.

Students are also provided the experience of learning skills such as teamwork, interpersonal communication, employee dynamics and corporate relationships, networking, and time management skills in the professional arena.

If you, or anyone you know, are interested in obtaining a Co-Op, you are encouraged to register for a Co-Op Info session (which is required before any Co-Op opportunity through the University) by calling Career Services.



Internship of the Week

Job ID: 2468

Job Title: Stores Executive Intern

Organization: Target

Job Description: With several open positions, a flexible work schedule and a competitive salary, it's hard not to look into this one!

Interested?: Register for a Co-Op//Internship Info Session at Career Services to learn about the ins and outs of an Internship and how to start applying for these great opportunities!

Word to the Wise

- Running with scissors is dangerous.
Talking to scissors is strange.

- Three areas to double check when returning to the office: shoes, waist/belt area, and collar/neck area.

- Just because certain stationery may be non-toxic doesn't give the excuse to taste them.

- Read. It's like cardio for the brain.

- Always look at birds from an angle; never directly underneath.



~EXPERIENCE EXPO COMING TO UWF MARCH 4TH, 2008!~
~CO-OPS, INTERNSHIPS, AND SUMMER JOBS!~

IMPORTANT INFO!

- **Thursday, Jan. 31st:** The Washington Center will be presenting an Info Session on Internships at **4pm** in UC RM 265. Pizza and Soda will be provided.
- **Wednesday, Feb. 6th:** Internship Pensacola will be presenting an Info Session on Internships. Representatives from Pensacola Young Professionals will present at **5pm** in the Conference Center Lounge.

Water Cooler Joke of the Week

My boss told me he's going to lay off thirteen employees. I said, "Isn't that unlucky?" He said, "You're right.....Okay, you're out too."