

2<sup>nd</sup> DEPLOYMENT MENTAL HEALTH SYMPOSIUM 2009  
**THE HIDDEN CASUALTIES OF WAR**  
**Moving to Solutions**  
 May 7 & 8, 2009

**Thursday, May 7, 2009**

7:30 am – 8:30 am	<b>Registration and Continental Breakfast</b>	
8:30 am – 8:45 am	<b>Opening Ceremonies: Welcome</b> UWF President and Commanding Officer, Naval Hospital Pensacola	
8:45 am – 9:45 am	<b>Plenary Session 1</b> <i>Current Mental Health Needs of OEF/OIF Veterans and Family Members</i> Robert Koffman, MD, MPH and David Linkh, PhD <span style="float: right;">1 hr CME/CE</span>	
9:45 am – 10:00 am	<b>Break</b>	
10:00 am – 11:00 am	<b>Plenary Session 2</b> <i>Cognitive Process Therapy in Treating PTSD</i> Patricia Resick, PhD <span style="float: right;">1 hr CME/CE</span>	
11:00 am – 11:15 am	<b>Break</b>	
11:15 am – 12:15pm	<b>Plenary Session 3</b> <i>Mild Traumatic Brain Injury: What Clinicians Should Know</i> Jason Demery, PhD <span style="float: right;">1 hr CME/CE</span>	
12:15 pm – 1:30 pm	<b>Lunch and Music on the Green</b> Poster Session (1:00 – 1:30 pm, OPTIONAL)	
1:30 pm - 2:30 pm	<b>Plenary Session 4</b> <i>Brief Behavioral Treatment of Insomnia in Military Veterans</i> Ann Germain, PhD <span style="float: right;">1 hr CME/CE</span>	
2:30 pm – 2:45 pm	<b>Break</b>	
2:45pm – 3:45 pm  BREAK-OUT I	<b>Session A: <i>The Use of Psychotropic Medications in the Treatment of Combat-Related Disorders: A Review for Non-Prescribers</i></b> Edmund Clark, MD <span style="float: right;">1 hr CME/CE</span>	<b>Session B: <i>Improving the Parent-Child Relationship During All Phases of Deployment</i></b> Robin Gurwitsch, PhD <span style="float: right;">1 hr CME/CE</span>
3:45 pm – 4:00 pm	<b>Break</b>	
4:00 pm – 5:00 pm  BREAK-OUT II	<b>Session A: <i>Pain and PTSD: What do we know about it? What can we do about it?</i></b> Frank Andrasik, PhD <span style="float: right;">1 hr CME/CE</span>	<b>Session B: <i>Steps to Building Resilience in Children</i></b> Robin Gurwitsch, PhD <span style="float: right;">1 hr CME/CE</span>

THIS SYMPOSIUM IS BEING PRESENTED BY  
 THE CENTER FOR APPLIED PSYCHOLOGY, UNIVERSITY OF WEST FLORIDA  
 &  
 THE DEPLOYMENT HEALTH AND WELLNESS CENTER, NAVAL HOSPITAL PENSACOLA

Friday, May 08, 2009

7:30 am – 8:30 am	<b>Continental Breakfast Poster Session (Optional)</b>	
8:30 am – 9:30 am <b>BREAK-OUT III</b>	<b>Session A: <i>Treating Nightmares with Imagery Scripting &amp; Rehearsal</i></b> <b>Ann Germain, PhD</b> <b>1 hr CME/CE</b>	<b>Session B: <i>Long-term Coping with Loss</i></b> <b>David Linkh, PhD, MSW</b> <b>1 hr CME/CE</b>
9:30 am – 9:45 am	<b>Break</b>	
9:45 am – 10:45 am <b>BREAK-OUT IV</b>	<b>Session A: <i>Post-deployment(s) Alcohol Use and Abuse: Renewed Freedom vs. Maladaptive Coping</i></b> <b>Alan Ogle, PhD</b> <b>1 hr CME/CE</b>	<b>Session B: <i>Caring for Caregivers: Strategies for Health Professionals Who Work with Disabled Warriors &amp; Their Families</i></b> <b>Kent Drescher, MDiv, PhD</b> <b>1 hr CME/CE</b>
10:45 am - 11:00 am	<b>Break</b>	
11:00 am – 12:00 pm <b>BREAK-OUT V</b>	<b>Session A: <i>Couples Therapy with Veterans with Combat-Related PTSD</i></b> <b>Michelle Sherman, PhD</b> <b>1 hr CME/CE</b>	<b>Session B: <i>Spirituality and Trauma Treatment: Suggestions for Including Spirituality as a Coping Resource</i></b> <b>Kent Drescher, MDiv, PhD</b> <b>1 hr CME/CE</b>
12:00 – 1:15 pm	<b>Lunch and Music on the Green</b>	
1:15 pm - 2:15 pm	<b>Plenary Session 5</b> <i>Prolonged Exposure Therapy for PTSD</i> <b>Elizabeth Hembree, PhD</b> <span style="float: right;"><b>1 hr CME/CE</b></span>	
2:15 pm – 2:30 pm	<b>Break</b>	
2:30pm – 3:30pm	<b>Plenary Session 6</b> <i>Applications of a Unified Transdiagnostic Approach to Treating Combat-Related Emotional Disorders</i> <b>Todd Farchione, PhD</b> <span style="float: right;"><b>1 hr CME/CE</b></span>	
3:30pm – 3:45 pm	<b>Break</b>	
3:45 pm – 4:45 pm	<b>Plenary Session 7</b> <i>Best Approaches to Treating Combat Trauma</i> <b>Robert L. Koffman, MD, MPH</b> <span style="float: right;"><b>1 hr CME/CE</b></span>	
4:45 pm – 5:00 pm	<b>Closing Activities: Evaluations &amp; CE Documentation Collection and Distribution</b>	

THIS SYMPOSIUM IS BEING PRESENTED BY  
THE CENTER FOR APPLIED PSYCHOLOGY, UNIVERSITY OF WEST FLORIDA  
&  
THE DEPLOYMENT HEALTH AND WELLNESS CENTER, NAVAL HOSPITAL PENSACOLA