

PROGRAM MODIFICATION

HSC5004P - Health Promotion & Worksite Wellness

Current Program Information:

Program Number: HSC5004P

Program Name: Health Education

Specialization: Health Promotion & Worksite Wellness

Degree: Master of Science

Hours in Program: 39

Department: Health, Leisure, & Exercise Science

College: Professional Studies

Program Description

The master's degree in Health Education provides the student a choice of an Aging Studies, Health Promotion & Worksite Wellness, or Psycho-Social Specialization. Electives are carefully chosen by the student in consultation with an advisor. A student has the option of completing a thesis or an internship except in the Aging Studies Specialization where a thesis or internship is required. Consult the department for advisement.

Program Requirements

Prerequisites/Foundational Proficiencies

Students in the Health Promotion & Worksite Wellness and the Psycho-Social Specializations must have previous credit in human anatomy or physiology or pathophysiology, general biology, and personal and community health or equivalent. These courses are recommended for students in the Aging Studies Specialization.

Major Courses (39 sh)

HLP 6535	Research Procedures	3
HLP 6595	Research Seminar	3
HSC 5037	Historical Foundations of Health Education	3
HSC 5506	Epidemiology	3
HSC 5716	Planning, Implementing, & Evaluating of Health Programs	3

Choose 24 sh from including at least three courses at the 6000 level and no more than two courses at the 3/4000 level:

HLP 6922	Field Experience	3
	Course offered 1-3 sh per semester	
HLP 6940	Internship	3-6
	Course offered 3-6 sh per semester	
HLP 6971	Thesis	6
	Course offered 1-6 sh per semester	
HSA 6106	Critical Analysis of Health	3
HSC 4104	Health Aspects of Stress Management	3
HSC 5135	Health Guidance	3
HSC 5176	Nutrition and Lifestyle Counseling	3
HSC 5552	Communicable and Degenerative Diseases	3
HSC 6667	Social Marketing in Health Education	3
MAN 5116	Management of Diversity	3
PET 3351/L	Exercise Physiology/Lab	4
PET 4310/L	Mechanics of Human Motion/Lab	4
PET 4361	Sport Nutrition and Weight Control	3
PET 5533	Advanced Exercise Testing & Prescription	3
PET 6355C	Advanced Exercise Physiology	3
Additional courses approved by the department chair		

Additional Program Information

None Listed

General CCR Information

Date Initiated: 05/16/2006

Effective Date: Fall, 2007

Department Chair: Stuart Ryan, x4742597, sryan@uwf.edu

Department Contact: Debra Vinci, x850-474-2598, dvinci@uwf.edu

Does this CCR affect DOE/NCATE approved program(s)? No

NOTE: Items below indicated with an (*) asterisk, are required fields.

Nature of Program Curriculum Request

The modifications to this program include: Program Title, Program Description, Program Requirements, Diploma Wording

*Rationale

Name Change: The current title "Health Education" does not accurately reflect the nature of the curriculum or the profession practiced by graduates. Typically, programs entitled Health Education imply that there are two tracks (community health and school health) for students to choose. Since our program does not offer a school health track we are changing the name to clearly state what our degree offers. The main focus of our program is to prepare graduates for the CHES (Certified Health Education Specialist) exam. NCHCEC's (The National Commission for Health Education Credentialing) voluntary professional certification program establishes a national standard for individual health education practitioners and their Areas of Responsibility for Health Educators are as follows:

- Assess individual and community needs for health education;
- Plan effective health education programs;
- Implement health education programs;
- Evaluate the effectiveness of health education programs;
- Coordinate the provision of health education services;
- Act as a resource person in health education; and
- Communicate health and health education needs, concerns and resources.

Our program is designed to meet the areas of responsibility that the NCHCEC require for community health educators therefore we are requesting a program name change.

Program Requirement:

Students will be frequently out in the community while pursuing this graduate degree. Therefore, it is recommended that they maintain current CPR certification.

*Program Outcomes

Students who successfully complete this program will be able to:

- Assess individual and community/worksites needs for health education
- Develop analytical skills to examine needs assessment data and determine priority area(s) of health education.
- Compare and contrast health promotion program planning models and theories for application in a health promotion and wellness setting.
- Plan and implement effective health education programs.
- Utilize behavioral models and theories in health education program development and implementation.
- Acquire communication and technological skills in the delivery of health promotion and wellness programs.
- Evaluate effectiveness of individual/community/worksites health education programs.
- Develop skills related to the administration of health promotion programs in a community/worksites setting.

*Articulation

Might this CCR impact academic units, programs, or courses outside the initiating department? **yes**

Academic Units Designated for Articulation

Biology (George Stewart) 09/01/2006 Changes noted without reservations

No articulation comments from this department chair.

Additional Articulation Information

None Provided

Proposed Program Information

Program Number: HSC5004P

*Program Title: Community Health Education/Health Promotion & Worksite Wellness

*Degree: Master of Science

*Program Hours: 39

*Diploma Wording: Community Health Education

Department: Health, Leisure, & Exercise Science

College: Professional Studies

*Program Description

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Upon completing this degree students will be prepared to sit for the CHES (Certified Health Education Specialist) exam.

Program Requirements

It is recommended that students in this program have current CPR certification while they pursue this graduate degree.

Foundational Proficiencies (Hours)

Students in the Health Promotion & Worksite Wellness and the Psycho-Social Specializations must have previous credit in human anatomy or physiology or pathophysiology, general biology, and personal and community health or equivalent. These courses are recommended for students in the Aging Studies Specialization.

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PET 4361	Sport Nutrition and Weight Control	3
PET 5533	Advanced Exercise Testing & Prescription	3
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Additional courses approved by the department chair		

Review Committee Comments/Notes:

DEPARTMENT:submitted 8/30/06

ACADEMIC AFFAIRS REVIEW:

COLLEGE DEAN (Including College Level Review):

ACADEMIC COUNCIL:

FACULTY SENATE:

PROVOST:

CCR System Approval Dates:

Department: August 30, 2006

Department Chair: August 30, 2006

Academic Affairs: September 01, 2006

College Dean: September 27, 2006

Academic Council: December 08, 2006

Faculty Senate: December 11, 2006

Provost: February 26, 2007