

MASTER OF SCIENCE IN EXERCISE SCIENCE

Mission Statement

The mission of the Department of Health, Leisure and Exercise Science is to build a foundation of health, leisure, and exercise science knowledge and to prepare students with professional skills and analytical abilities to assume prominent positions in health, leisure, and exercise science across the state and nation.

Student Learning Outcomes

UWF Masters in Exercise Science graduates should be able to do the following:

Content

- Evaluate and apply concepts and principles related to Exercise Science for implication in human development and performance.

Critical Thinking

- Design and conduct original research to solve problems related to Exercise Science.
- Critically evaluate research related to Exercise Science.

Communication

- Present ideas clearly, effectively, and elegantly in written and oral communications relevant in Exercise Science.

Integrity/Values

- Articulate and practice relevant professional ethical standards for exercise science professionals in clinical settings and while performing scholarly activities.

Project Management

- Create a proposal for and make at least one public presentation of an academic paper or teaching practice before an audience of scholars and peers prior to completion of the degree.

Assessment of Student Learning Outcomes

- Exams
- Oral Presentations
- Research acceptance or publication at a field related journal or conference
- Hands on experience and laboratory assignments

Job Prospects for Master of Exercise Science Graduates

- Strength and Conditioning Coach at college or professional level
- Cardiac or pulmonary rehabilitation at clinical setting
- Exercise Physiologist at hospital or clinical setting
- Preparation for continuation to Doctorate Degree
- Research Associate at private settings

Find out more about the Master Science of Exercise Science

<https://uwf.edu/ukcoh/departments/movement-sciences-and-health/graduate-programs/exercise-science/>

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